



EXPERTS IN PATIENT HANDLING SOLUTIONS



# FISHERMANS LEGS / PRO DRESS ASSIST PACK



## USER INSTRUCTIONS

A complete **Fishermans Legs / Pro Dress Assist Pack** available in four different sizes that enables an individual, or one or two carers to be dressed fully in bed.

This guide covers all products with the prefix DP0 in the product code.



# INSTRUCTIONS

This is an illustrated method for enabling one or two carers to dress someone in bed using the **Fishermens Legs/Pro Dress Assist Pack**. If only one carer is available, the process just takes a little more time depending upon the capability of the person being dressed and if they can assist in anyway at all.

It can be used in most situations where you need to dress someone in bed but, as always, please carry out your risk assessment first.

**PLEASE REMEMBER:** If the person being dressed can assist or participate in anyway, please encourage this as it can aid re-enablement as well as encourage their sense of well being and involvement.



# 1

## DRESSING THE LOWER HALF

Firstly, insert the yellow **Flat Slide Sheet** under person to be dressed.

Then, using the leg sleeves one marked LEFT, one marked RIGHT, gently pull these over the patients legs. The **Flat Slide Sheet** underneath will facilitate this.

**Please note:** DP05 versions do not have LEFT or RIGHT labels.

# 2



# 3

Bring the leg sleeves right up to the person's waist. Use the flat palm of your hand facing upwards to smooth the fabric under the person's bottom.



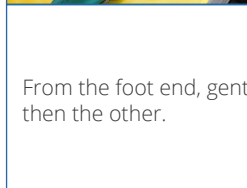
Now, gently slide pyjamas, trousers, jeans, or shorts over the sloppy leg sleeves.

# 4



# 5

Take the pyjamas, trousers, jeans, or shorts up to waist level and smooth out fabrics to make sure they are comfortable.



From the foot end, gently pull and remove, the first leg sleeve, and then the other.

# 6



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# INSTRUCTIONS



1

## DRESSING THE UPPER HALF

Slide the arm sleeve gently over the patient's arm and up towards the shoulder, sliding the extra fabric under the patients back area, using a flat upwards palm and the yellow slide sheet underneath to assist you.

Next, slide the pyjama top, blouse or jumper sleeve on over the arm sleeve, as far up as you can, tucking the back part gently under the person. Again the yellow **Flat Slide Sheet** will help here. You may have to log roll or ask the person to turn slightly.

2



3

Once you have the garment in place, remove the arm sleeve carefully.

Repeat with the second arm and then remove the remaining arm sleeve.

4



5

At this stage it can sometime be useful to roll the person gently towards you to straighten out the pyjama top, blouse or jumper, or as shown, use a small **Slippy Sleeve** to help iron out the creases. This is dependent upon the person's condition.

Finally, remove the yellow **Flat Slide Sheet** and, together with the leg and arm sleeves, put everything back in its bag.

6



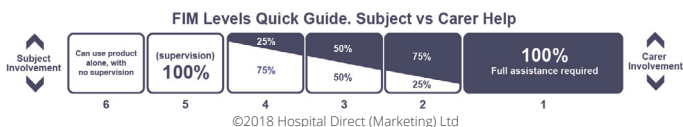
Wash at 30-74°C  
Tumble dry on low heat  
Do not iron  
Do not use bleach  
Do not use fabric conditioner



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## Assessment Guides

At Hospital Direct we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the Healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.



## Functional Independence Measure (FIM) Assessment

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need.

Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

## Additional Guide Symbols

We use four symbols throughout our catalogue to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



Person Unassisted



Single Carer



Two Carers



Four Carers

**Hospital Direct** is a Shropshire based UK manufacturer and supplier of a wide range of Patient Handling Products. With over 25 years experience in the field of patient handling, Hospital Direct is the UK's leading manufacturer and supplier of this type of equipment in the UK – with probably the widest range of any supplier in Europe.

**Packaging:** To reduce wastage we use recyclable cardboard boxes. If you require different packaging, please call us to discuss.

**Disposal:** Dispose of in the normal way in accordance with your organisational procedures. If they have been used on highly infected patients please dispose of as such.

Hospital Direct has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice.

UK: Medical Devices Regulations 2002 (SI 2002 No 618, as amended) (UK MDR 2002).

EU: Class I non-invasive devices registered under or complying with the Medical Devices Directive (MDD) 93/42/EEC (as amended in 2007).



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