



EXPERTS IN PATIENT HANDLING SOLUTIONS



ROMA™ MATTRESS PROTECTOR



USER INSTRUCTIONS

With or without assistance this product makes repositioning in bed that much easier.

This guide covers all products with the prefix RRM in the product code.



ROMA™ MATTRESS PROTECTOR

A simple answer to the problem of constantly putting slide sheets in and out – lightweight and easy to use. You will love the **Roma Mattress Protector's** simplicity as it makes it so much easier to adjust someone's position without disturbing them and really reduces the risk of injury for staff.

Thinner than a bed sheet, this product fits over the mattress and does not impinge on any pressure reducing qualities the mattress may have. You can sit the client/patient up in bed without the risk of them slipping down, and it only becomes fully slippery when you introduce a **Flat Slide Sheet** sliding on top to perform the manoeuvre that needs to be performed.

USES

- Repositioning in bed for people who require longer-term care/ 24 hour care
- Independent users who need a little help to turn in bed at night

USE WITH

- **Flat Slide Sheets** (Washable or Disposable with/without handles)
- **Bed Loops**

USED BY

- High dependency
- Stroke care
- Palliative care
- Community nursing
- People at home
- Social Services
- Children's nursing
- Occupational Therapists



INSTRUCTIONS – PATIENT UNASSISTED

User can lie on the **Roma Mattress Protector** directly or use with a bed sheet over it.



1

Remove the **Roma Mattress Protector** from its packaging and place over the bed mattress as shown.

Patient can now sit on the edge of the bed, prior to rotating on the **Roma Mattress Protector**.

2



3

The patient can now reposition themselves accordingly and sleep comfortably without risk of tissue damage or sweating.

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INSTRUCTIONS – PATIENT ASSISTED

Please note: A **Flat Slide Sheet** is also required.

The user can either lie directly on the **Roma Mattress Protector** or with a bed sheet on top. If lying on a bed sheet, insert the **Flat Slide Sheet** between the **Roma Mattress Protector** and bed sheet and remove after repositioning.



1

To reposition the patient with the use of carers, insert a **Flat Slide Sheet** as shown.

Unroll the **Flat Slide Sheet** under the patient without disturbing them. The **Flat Slide Sheet** can then be used to reposition the patient sliding on the **Roma Mattress Protector** below.

2



3

Use the **Flat Slide Sheet** to reposition easily.

The **Flat Slide Sheet** removes easily...

4



5

...leaving the patient in exactly the position you want them to be in.

Alternatively use under a standard bed sheet and use a **Flat Slide Sheet** under the bed sheet for all repositioning needs.

6



Wash at 30-74°C
Tumble dry on low heat
Do not Iron
Do not use bleach
Do not use fabric conditioner



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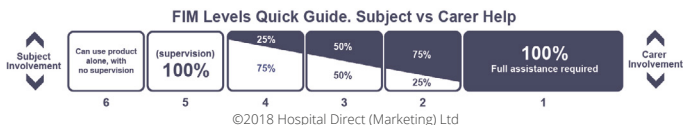
Assessment Guides

At Hospital Direct we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the Healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

Functional Independence Measure (FIM) Assessment

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need.

Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.



Additional Guide Symbols

We use four symbols throughout our catalogue to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



Person Unassisted



Single Carer



Two Carers



Four Carers

Hospital Direct is a Shropshire based UK manufacturer and supplier of a wide range of Patient Handling Products. With over 25 years experience in the field of patient handling, Hospital Direct is the UK's leading manufacturer and supplier of this type of equipment in the UK – with probably the widest range of any supplier in Europe.

Packaging: To reduce wastage we use recyclable cardboard boxes. If you require different packaging, please call us to discuss.

Disposal: Dispose of in the normal way in accordance with your organisational procedures. If they have been used on highly infected patients please dispose of as such.

Hospital Direct has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice.

UK: Medical Devices Regulations 2002 (SI 2002 No 618, as amended) (UK MDR 2002).

EU: Class I non-invasive devices registered under or complying with the Medical Devices Directive (MDD) 93/42/EEC (as amended in 2007).



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