



EXPERTS IN PATIENT HANDLING SOLUTIONS



FISHERMANS LEGS / PRO DRESS ASSIST PACK

This guide covers all products with the prefix DP05 in the product code.

Our **Fishermans Legs/Pro Dress Assist Pack** makes getting dressed much easier, both for independent users and those who need support from a carer.

USER INSTRUCTIONS



This is an illustrated method for enabling one or two carers to dress someone in bed using the **Fishermans Legs/Pro Dress Assist Pack**. If only one carer is available, the process just takes a little more time depending upon the capability of the person being dressed and if they can assist in anyway at all.

PLEASE REMEMBER: If the person being dressed can assist or participate in anyway, please encourage this as it can aid re-enablement as well as encourage their sense of well being and involvement.



1

DRESSING THE LOWER HALF

Insert the yellow **Flat Slide Sheet** under person to be dressed/undressed.

Using the leg sleeves one marked LEFT, one marked RIGHT, gently pull these over the patient's legs. The **Flat Slide Sheet** underneath will facilitate this.



Bring the leg sleeves right up to the person's waist. Use the flat palm of your hand facing upwards to smooth the fabric under the person's bottom.

Now, gently slide pyjamas, trousers, jeans, or shorts over the slippery leg sleeves.

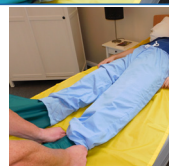
2



3

Take the clothing up to waist level and smooth out fabrics to make sure they are comfortable.

From the foot end, gently pull and remove, the first leg sleeve, and then the other.



DRESSING THE UPPER HALF

Slide the arm sleeve gently over the patient's arm and up towards the shoulder, sliding the extra fabric under the patients back. Use a flat upwards palm and the slide sheet underneath to assist you.

Next, slide the clothing sleeve over the arm sleeve, as far up as you can, tucking the back part gently under the person. Again the **Flat Slide Sheet** will help here. The person may have to turn slightly.

4



5

Once you have the garment in place, remove the arm sleeve and repeat with the second arm and then remove.

At this stage it can sometime be useful to roll the person gently towards you to straighten out the clothing, or as shown, use a small **Slippy Sleeve** to help iron out the creases. This is dependent upon the person's condition.



Finally, remove the **Flat Slide Sheet** and, together with the leg and arm sleeves, put everything back in its bag.

6



PACK INCLUDES

- 2 x Fishermen's Legs
- 2 x Fisherman's Arms
- 1 x Flat Slide Sheet
- 1 x Storage Bag

MATERIAL CONTENT

100% Polyester

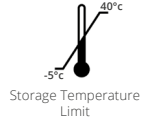
STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the product.



WARNINGS AND PRECAUTIONS

- Do not leave or drop on the floor; it is a slip hazard.
- Test for slippiness before use. If over-laundered and doesn't slide please discard or replace.
- Inspect product before use for signs of damage or tears.



CLEANING INSTRUCTIONS

- Wash as per laundry instructions.
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable..



Wash at 30-74°C. Tumble dry on low heat. Do not iron.
Do not use bleach. Do not use fabric conditioner

DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



MANUFACTURER

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HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.