



LEVEL 3 AWARD FOR THEATRE PATIENT HANDLING TRAINERS (CUSTOMISED AWARD)

FOR SENIOR THEATRE STAFF, ODPS AND
MANUAL HANDLING PROFESSIONALS



**3 DAY,
ROSPA ACCREDITED
COURSE**

-  **TRAIN THE TRAINERS**
-  **THEATRE-SPECIFIC SOLUTIONS**
-  **SAFE HANDLING TECHNIQUES**
-  **RISK REDUCTION**
-  **EQUIPMENT USE**



Introduction

Safe positioning for surgery is potentially hazardous for patients and staff alike and our highly acclaimed course for Senior Theatre Staff, ODPs and Manual Handling professionals has been run for many years, dedicated to improving practices in operating theatres across the country.

We are now delighted to have recently accredited it with RoSPA as a Level 3 Award.

This offers delegates the opportunity to upskill and gain a recognised qualification so that they can return to their organisation and train others in safer patient handling and safer surgical positioning in theatres for the benefit of the organisation, staff and patients alike.

The emphasis of the course is practical and very hands-on and over the three days, delegates will have the opportunity to learn skills and techniques with which to implement a safer handling system in their theatres on their return.

They will have the ability to take their current practices and improve them without any specific extra budgetary demands unless the current practice carries potential risks.

Details of the Aims and Learning Outcomes are detailed below, along with a schedule for the two days, but if you have any further questions whatsoever, please do not hesitate to contact us by phone or email.

I look forward to welcoming you to the course.

With my best wishes,

Helen



Helen Gutteridge
BA Hons P.G.C.E.
Technical Director
Hospital Direct

Developing Safer Patient Handling Practice – A RoSPA Accredited Course

The aim of the course is to:

- ✓ Enable you to return to your department/organisation with the skills and understanding necessary to begin to implement a more effective & safer handling system in your Operating Theatres – that will fit into current theatre procedures whilst making your theatre environment safer for both staff and patient alike.
- ✓ Enable you to teach staff how to reposition patients smoothly and effortlessly, reducing the risk of nerve and tissue damage for patients and MSK injuries for staff.
- ✓ Find ways of reducing handling risk for staff and patients and improving the safety of current handling techniques.
- ✓ Gain hands-on experience with equipment available in the marketplace and assess its suitability for your department/organisation for the moving and handling issues you need to improve.
- ✓ Introduce you to a number of specialised products that reduce risk in more complicated manual handling issues.
- ✓ Give you the chance to look at developing competency in product usage in relation to the operating theatre environment.
- ✓ Provide you with the time to design lesson plans, deliver inclusive and safe people handling training, implement learning content with session plans and assess competency of trainees and provide constructive feedback.
- ✓ Be able to return to your organisation and train your colleagues competently in safer patient handling within a theatre environment and so formulate an effective handling system in your theatre departments.

Learning Outcomes

Gain a clear understanding of how hazards and risks are connected, and how recognising this relationship supports effective accident prevention and reduces work-related ill health within the theatre setting.

Learn how to identify, assess and safely manage moving and handling risks within the operating theatre environment to protect both patients and staff.

Explore how to implement changes in moving and handling practices that promote a safer, more efficient working environment in surgical theatres for everyone involved.

Develop the skills to plan and introduce improvements in moving and handling practices within the theatre environment, ensuring changes are practical, sustainable, and compliant with best practice.

Build confidence in demonstrating safe and effective moving and handling techniques within a theatre setting, ensuring high standards of patient care and staff safety.

Understand how to correctly use handling aids and equipment to support safer moving and handling practices in the theatre environment.

Learn how to design and deliver an engaging and effective moving and handling training session tailored to the theatre environment.

Course Programme*

Day One	
0900—0915	Arrive for Registration, Coffee and Biscuits
0915—0930	Welcome & Introduction
0930—1015	Looking at the principle issues and problems common to Theatres including main manoeuvres, culture, budgets, politics etc. Developing Trust. Why will change be of benefit? What competencies are required by staff involved in handling patients?
1015—1100	Elements of Long-term change 1— Managing Risk. What legislation is out there? Assessing and reducing risk in a common procedure(s). Skill Building—Practical Tasks.
1100—1120	Tea/Coffee break
1120 - 1150	Risk Reduction and Prioritization. Practical
1150—1300	Elements of Long-term change 2— Training, knowledge and understanding. Creating Safe systems of work. What is meant by safe back care and how do we achieve it with our staff?
1300—1330	Lunch
1330 - 1445	Skill Building - bringing everything together – Safe back care in standard theatre positioning tasks. Principles of safer Handling, team Handling Practical Handling Scenarios: Safer practice in supine transfers Up/Down manoeuvres including risk reduction, improved posture; more suitable techniques. Bringing it altogether.
1445 - 1515	Practical assessment tasks
1515 - 1530	Tea/Coffee break
1530—1600	End of day course assessment.
1615 - 1630	Questions and close



Day Two	
0900 - 0915	Tea and coffee
0915 - 1015	Written Assignments (Rospa paperwork based on Day 1 study)
1015 - 1100	Skill Building—Turning patients laterally with ease. Practical Handling Scenarios: Safer practice including Risk Reduction; improved posture; more suitable techniques. Bringing it altogether
1100 - 1115	Coffee
1115 - 1200	Skill Building Practical Handling Scenarios: Training in the event of an emergency. Level 1
1200 - 1300	How We Teach - Part 1 - Planning Demonstrations
1300 - 1330	Lunch
1330 - 1400	Looking at alternative transfer methods.
1400 - 1500	Specialist positioning. Overview. Skill building practical handling scenarios: Turning patient prone. Safer practice; Risk reduction; improved competencies.
1500 - 1515	Coffee break
1515 - 1600	Practical Handling task and assessments.
1600 - 1615 -	Questions and Close

Day Three	
0900 - 0930	How we teach Part 2 – Planning a whole lesson
0930—1015	Skill Building Practical Handling Scenarios: Handling patients in Gynaecology/Urology/Lithotomy positions. Safer practice; risk reduction; improved competencies Specialist positioning
1015—1100	Skill Building—practical sessions
1100—1115	Tea/Coffee break
1115—1215	Looking at competencies.
1215—1300	Introduction to micro teach and planning your micro teach session.
1230—1330	Lunch
1330—1530	Microteach sessions (Filmed)
1530—1545	Feedback
1545—1600	Questions, Evaluation Forms and Close

*** Please note:**

The course programme, including the order of modules and break times, may be subject to change.

This course is quality assured and regulated by RoSPA Qualifications as a Customised Award. Please note this course is not on the Ofqual register of qualifications.